



IEHP UM Subcommittee Approved Authorization Guideline			
Guideline	Assisted Living Facility Transitions	Guideline #	UM CSS 02
		Original Effective Date	1/1/2022
Section	Community Support Services	Revision Date	7/4/2026
		Committee Approval Date	7/20/2026
		Effective Date	8/1/2026

COVERAGE POLICY

Assisted Living Facility Transitions is designed to assist Member With living in the community and avoid institutionalization, whenever possible.

The goal of the service is to facilitate nursing facility transition back into a home-like, community setting, and/or to prevent nursing facility admissions for Members living in the community. This Community Support is intended for Members with an imminent need for nursing facility level of care (LOC) and is intended to provide a choice of residing in an assisted living setting as an alternative to long-term placement in a nursing facility.

- A. The term Assisted Living Facility (ALF) includes a Residential Care Facility for the Elderly (RCFE), or an Adult Residential Care Facility (ARF). This service includes two components, as follows:
 1. Time-limited transition services and expenses to enable a person to establish a residence in an ALF. Transition services end once the Member establishes residency in the ALF. The transitional period will vary in length and services provided based on a Member's unique circumstances. Allowable expenses are those necessary to enable a person to establish ALF residence (except room and board), including, but not limited to:
 - a. Assessing the Member's housing needs and presenting options.
 - b. Assessing the service needs of the Member to determine if the Member needs enhanced onsite services at the ALF, so the Member can be safely and stably housed.
 - c. Assisting in securing an ALF residence, including the completion of facility applications, and securing required documentation (e.g., Social Security Card, birth certificate, prior rental history.)
 - d. Moving expenses to support a Member's transition, such as movers/moving supplies and necessary private/personal articles to establish an ALF residence
 - e. Communicating with facility administration and coordinating the move
 - f. Establishing procedures and contacts to retain housing at the ALF.
 2. Ongoing assisted living services are provided to Members on an ongoing basis after they transition into the ALF. Members can receive these services indefinitely, as long as Member resides in the ALF. These services include:
 - a. Assistance with Activities of Daily Living (ADLs) and Instrumental ADLs (IADLs)
 - b. Meal preparation

- c. Transportation
 - d. Medication administration and oversight
 - e. Companion services
 - f. Therapeutic social and recreational programming provided in a home-like environment
 - g. 24-hr direct care staff onsite at the ALF to meet unpredictable needs in a way that promotes maximum dignity and independence, and to provide supervision, safety, and security
 - h. Care Coordination services to screen or eligibility and support enrollment of Members in Enhanced Care Management (ECM) and other Community Supports
- B. Members are eligible for Assisted Living Facility Transitions when the following are met:
- 1. Members residing in a nursing facility who meet ALL of the following:
 - a. Have resided 60+ days in a nursing facility
 - b. Are willing to live in an assisted living setting as an alternative to nursing facility
 - c. Are able to reside safely in an ALF
 - 2. Members residing in the community who meet ALL of the following:
 - a. Are interested in remaining in the community
 - b. Are willing and able to reside safely in an ALF
 - c. Meet the minimum criteria to receive nursing facility LOC services and, in lieu of going into a facility, choose to remain in the community and continue to receive medically necessary nursing facility LOC services at an ALF
 - 3. Members who are receiving facility level health care services on an acute or post-acute care basis (such as hospitalization or a short-term skilled nursing facility stay) may be eligible for this Community Support, provided they otherwise meet the eligibility criteria.
 - 4. Active IEHP Membership.

COVERAGE LIMITATIONS AND EXCLUSIONS

- A. Members are directly responsible for paying their own living expenses.
- B. Room and board expenses are not included in this service.
- C. A Member can be eligible for both the Assisted Living Waiver (ALW) and California Community Transitions (CCT) program and ALF Transitions, however, they cannot receive duplicative services at the same time.
- D. When a member is actively enrolled in the ALW, IEHP will not pay for services covered under the ALW (or other Medi-Cal covered benefits.)
- E. Community supports shall supplement and not supplant services received by the Medi-Cal beneficiary through other State, local, or federally-funded programs, in accordance with applicable federal waiver authorities, MCP contract, APLs, and DHCS guidance
- F. Members are to be in the setting that is clinically appropriate with respect to the Member's choice of setting and freedom from coercion and restraint. As such, if an alternate care plan, that is clinically appropriate, including, but not limited to, leveraging In-Home Supportive Services, home health, and/or other supports, to keep the Member within their current housing, and the Member chooses this alternative, this Community Support does not have to be approved.

CPT Codes/HCPCS Codes/ICD-10 Codes

Code	Modifier	Code Description
T2038	U4	Community Transition, per service. Requires billed amount(s) to be reported on the encounter. Modifier used with HCPCS code T2038 to indicate Community Supports – Assisted Living Facility Transitions: Transition Services and Expenses. Modifier used to differentiate from Community or Home Transition Services.
H2022	U5	Community wrap-around services, assisted living services, per diem. Requires billed amount(s) to be reported on the encounter. Modifier used with HCPCS code H2022 to indicate Community Supports Assisted Living Facility Transitions: Ongoing Assisted Living Services.

CLINICAL/REGULATORY RESOURCE

CalAIM is an initiative by the Department of Health Care Services (DHCS) to improve the quality of life and health outcomes of Medi-Cal beneficiaries by implementing broad delivery system, programmatic, and payment system reforms. A key feature of CalAIM is the introduction of a menu of Community Supports, that offer medically appropriate and cost-effective alternatives to services covered under the State Plan. Federal regulation allows states to permit Medicaid managed care organizations to offer Community Supports as an option to Members (Code of Federal Regulations).

DEFINITION OF TERMS

Institutionalization – the state of being placed or kept in a residential institution.

REFERENCES

1. State of California-Health and Human Services Agency, Department of Health Care Services, April 2025. Medi-Cal Community Supports, or in Lieu of Services (ILOS), Policy Guide. Community Supports -Service Definitions.

DISCLAIMER

IEHP Clinical Authorization Guidelines (CAG) are developed to assist in administering plan benefits, they do not constitute a description of plan benefits. The Clinical Authorization Guidelines (CAG) express IEHP's determination of whether certain services or supplies are medically necessary, experimental and investigational, or cosmetic. IEHP has reached these conclusions based upon a review of currently available clinical information (including clinical outcome studies in the peer-reviewed published medical literature, regulatory status of the technology, evidence-based guidelines of public health and health research agencies, evidence-based guidelines and positions of leading national health professional organizations, views of physicians practicing in relevant clinical areas, and other relevant factors). IEHP makes no representations and accepts no liability with respect to the content of any external information cited or relied upon in the Clinical Authorization Guidelines (CAG). IEHP expressly and solely reserves the right to revise the Clinical Authorization Guidelines (CAG), as clinical information changes.